



INTERNATIONAL SCHOOL FOR JAIN STUDIES

(A Division of Amar Prerana Trust)

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LECTURE SERIES ON JAINOLOGY

SATURDAY, MARCH 23, 2024 AT 07:30 PM (IST)

Lecture #14

APPLICATION OF ANEKĀNTAVĀDA TO ENHANCE WELLNESS IN LIFE

Anekāntavāda based on reality in Jainism as a continuum of permanence and impermanence helps us manage different variables by directing our thinking and efforts to enhance and optimize our wellness, rather than maximize one aspect and suffer later. *Anekāntavāda* helps us to be and experience the best expression of ourselves all through because assigning the cause of our state to just one factor, like destiny, karma or God's will, ignorance, environment or family or our health will lead to incomplete or sub-optimal solutions. The talk will present the basis of *anekāntavāda* and then will proceed to discuss life, its experiences, and the results of our efforts. It will address philosophical and psychological health along with medical research and the rapidly changing socio-political environment to use *anekāntavāda* to help us achieve our objective of optimizing our own as well as global wellness.

Speaker

Dr. Shugan C. Jain



Dr. Jain has worked as Management and Information Technology consultant and entrepreneur in the USA, The Netherlands and India. MA & PhD in Jainology, he has also been involved in rehabilitating many Jain educational institutions in India. He founded International School for Jain Studies 'ISJS' in 2005 and introduced academic studies of Jainism & Prakrit in universities globally. President of ISJS, Dr. Jain has delivered a number of lecture on Nonviolence and Jain values in different institutions of India and abroad. He published fifty papers and seven books on different aspects of Jain philosophy, ethics, history, culture, community and application to resolve today's global issues.

Chairperson

Prof. Narendra Bhandari

Prof. Bhandari is a Space scientist, who has been associated with Apollo Missions of NASA, Chandrayaan-1 etc. Presently, he is President of the Jain Academy of Scholars Science and Spirituality Research Institute, Ahmedabad. He is a distinguished professor of Jain philosophy at JAIN University, Bangalore. A recipient of Vikram Sarabhi Award and many others, he has also published and edited several books on the Moon mission as well as Jain philosophy. Dr. Bhandari has made substantial contribution in the field of science and Jainism.



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the lecture

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